



## The Zones of Regulation Half Day Webinar for MN Paraprofessionals Sponsored by Minnesota Low Incidence Projects

**Cost:** No cost, sponsored by the MN LI Projects

**Audience:**

This training is currently limited to paraprofessionals in MN only.  
If more spots become available, we will open registration up to other educators.

**Date:** April 28, 2020, 12:00 p.m. – 3:00 p.m.

**Live Webinar Online via Zoom**

(not available for download or future viewing)

**Online registration deadline:** April 27, 2020

**Webinar description:**

The Zones of Regulation is a systematic approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. The Zones provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

This half day live webinar is a condensed version of the full day training. Participants will gain a basic understanding of the Zones framework and support for implementation. This condensed version will highlight key components of the curriculum (2.75 clock hours and a 15 minute break).

**Register online at:** <http://metroecs.mn.gov/myquickreg.com/register/event/>

Immediate confirmation will arrive at the email address submitted. If a confirmation does not arrive, contact Gail Jankowski (below) to confirm the registration.

The Zoom Meeting link will be sent to all registered participants on Monday, April 27<sup>th</sup>.

**Registration Questions:** Gail Jankowski | [click here to send Gail Jankowski an email message](#)

**Program Questions:** Tami Childs | [click this to send Tami Childs an email message](#)



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